## VINAYAKA MISSION'S KIRUPANANDA VARIYAR MEDICAL COLLEGE & HOSPITALS, SALEM – 636308. FOUNDATION COURSE I MBBS (2019 – 2020 batch)

Date	Time	Topics	Speaker/Faculty
Day 1	9.00 am -10.00 am	Registration	Faculty of preclinical
	10.00 am -10.15 am	Tea break	departments
	10.15 am -11.30 am	Inauguration	Deem D. K. D. I
	11.30 am -12.30 pm	Introduction of parents & students to Faculty Mentors	Dean - Dr. K. Prakasam Dr. Milind V Bhutkar Dy. Dean (Admin)
	12.30 pm - 1.15 pm	Lunch break	Prof & HOD, Physiology
	1.15pm -4.15 pm	Parents-Teachers Meeting: Meeting of mentors & mentees & their parents	Faculty of preclinical departments
Day 2	8.15 am - 9.15 am	#White coat measurement #Identity Card photo session	Faculty of preclinical departments Tailor
	9.15 am -11.15 am	Introduction of faculty of preclinical departments & students to each other	Dr. Deepti Shastri Dy. Dean (academics) Prof & HOD, Anatomy
	11.15 am -11.30 am	Tea break	Anatomy
	11.30 am -12.30 pm	Medical Profession & Physician's role in Society	Dr. S.R. Rangabashyam Prof. & HOD, Medicine
	12.30 pm - 1.15 pm	Lunch break	
	1.15pm -3.15 pm	Hospital visit	Faculty of the 3 preclinical departments in rotation
	3.15 pm -4.15 pm	Introduction to Anti-ragging Committee	Dr. V. Suganthi Associate Prof., Physiology
Day 3	8.15 am - 9.15 am	Bio-data filling	Faculty of all three preclinical departments
	9.15 am -10.15 am	Introduction to MBBS Course	Dr. B. Evangeline Nesa Rathnabai Prof. & HOD, Biochemistry
	10.15 am -10.30 am	Tea break	Diothennisuy
	10.30 am - 11.30 am	History of Medicine	Dr. S.R. Rangabashyam Prof. & HOD, Medicine
	11.30 pm -12.30 pm	Health Care & its delivery	Dr. Shanmugasundaram Prof. Of Medicine
	12.30 pm -1.15 pm	Lunch break	

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Date	Time	Topics	Speaker/Faculty
		Guidelines for online	L U
	1.15 pm -2.15 pm	submission of Anti-ragging undertaking by students & parents/guardians	Dr. K. C. Shanthi, Associate Prof., Anatomy
	2.15 pm - 4.15 pm	National Health Priorities & Policies - Documentary film followed by lecture	Dr. S. Sangeetha Prof. & HOD, Community Medicine
Day 4	8.15 am -9.15 am	Staying at hostel for 1 <sup>st</sup> time Ecstasy and pitfalls	Mr. S. Syed Liyakath Ali, Tutor, Physiology
	9.15 am - 10.15 am	Universal precautions & vaccinations	Dr. Senthamarai Prof. & HOD, Paediatrics
	10.15 am -10.30 am	Tea break	
	10.30 am – 11.30 pm	Documentary film on vaccinations	Department of Paediatrics
	11.30 am -12.30 pm	Patient safety & Biohazard safety - SDL	Dr. D. Ponnudhali, Associate Prof, Biochemistry
	12.30 pm -1.15 pm	Lunch break	
	1.15 am– 2.15 pm	Patient safety & Biohazard safety	Dr. R. Indra Priyadharsini Co-ordinator, MEU Prof. & HOD, Microbiology
	2.15am -4.15 pm	Sports - Outdoor /Indoor games	Dr. B. Jaya Prakash, Students Amenities Incharge
Day 5	8.15 am -9.15 am	Recap on Patient safety & Biohazard safety by students	Department of Microbiology
	9.15 am - 10.15 am	Stress Management -Activity	Dr. Lakshmi Dorai Assistant Prof., Dept. Of Psychiatry
	10.15 am -10.30 am	Tea break	
	10.30 am -11.30 am	Stress Management -Activity	Dr. Lakshmi Dorai Assistant Prof., Dept. Of Psychiatry
	11.30 am – 12.30 pm	Stress Management -Lecture	Dr. Lakshmi Dorai Assistant Prof., Dept. Of Psychiatry
	1.15 pm – 2.15 pm	Time management	Dr. G. Kannan, Medical Superintendent
	2.15 pm -4.15 pm	Sports - Outdoor /Indoor games	Dr. Preethi, ARMO
Day 6	8.15 am -10.15 am	Time Management - short films	Dr. S. Kavitha, Assistant Prof., Anatomy
	10.15 am -10.30 am	Tea break	

Date	Time	Topics	Speaker/Faculty
	10.30 – 12.30 pm	Skit on stress management/time management by students And Meditation & Yoga	Dr. R. Sudha, Assistant Prof., Biochemistry & Mrs. Pratima Bhutkar, Assistant Prof., Physiology
	12.30 pm -1.15 pm	Lunch break	
	1.15 pm – 2.15 pm	The Medical College - Introduction	Dr. Milind V. Bhutkar Prof. & HOD, Physiology
	2.15 pm -4.15 pm	Introduction to fine arts & cultural programs conducted in the institution	Dr. R. Indra Priyadharsini -Head - Students Amenities Committee Dr. B. Jayaprakash - Incharge - Students Amenities
Day 7	8.15 am -9.15 am	Shorts films on professionalism	Mrs. Pratima Bhutkar, Assistant Prof., Physiology
	9.15 am - 10.15 am	Reflection by students on short films on Professionalism	Dr. V. Rajitha, Assistant Prof., Anatomy
	10.15 am -10.30 am	Tea break	
	10.30 am -11.30 am	Medical Ethics	Dean - Dr. K. Prakasam
	11.30 am – 12.30 pm	Introduction to AETCOM Module	Dr. Shanmugasundaram, Prof. of Medicine
	12.30 pm -1.15 pm	Lunch break	
	1.15 pm – 2.15 pm	Medical Professionalism	Dr. EMJ Karthikeyan, DMS, Prof. Of Gen. Surgery
	2.15 pm - 4.15 pm	Local language programme - Introduction	Dr. S. Rajaram Prof. & HOD, Pharmacology
Day 8	8.15 am -9.15 am	Legal aspects related to Medicine	Dr. R. Vallinayagam Prof. & HOD, Forensic Medicine
	9.15 am -10.15 am	Doctor's Rights in India	Dean - Dr. K. Prakasam
	10.15 am -10.30 am	Tea break	
	10.30 am -11.30 am	Roles and Responsibilities of a Medical student	Dr. S. Rajaram, Prof. & HOD, Pharmacology
	11.30 am – 12.30 pm	Teen Safety (RTA/ Substance abuse)	Faculty, Department of Accident & Emergency Medicine
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Date	Time	Topics	Speaker/Faculty
	1.15 – 2.15 pm	Introduction to Mentorship Program	Dr. S. Mathavi Associate Prof., Microbiology
	2.15 -4.15 pm	Local language programme - SDL	Dr. Selvam, Tutor, Forensic Medicine
Day 9	8.15 am -9.15 am	Principles of family practice -Role play by students	Department of CM
	9.15 am -10.15 am	Future opportunities in Medicine	Dr. K. Ezhil Vendhan Director, HDC. Prof. & HOD, Ophthalmology
	10.15 am -10.30 am	Tea break	
	10.30 – 11.30 pm	Primary Health Care and National Health Schemes	Dr. S. Sangeetha Prof. & HOD, Community Medicine
	11.30 – 12.30 pm	Women's Health	Dr. Vimala Prof. & HOD, OBG
	12.30 pm -1.15 pm	Lunch break	
	1.15 – 2.15 pm	Gender sensitization	Dr. Deepti Shastri Prof. & HOD Anatomy
	2.15 pm -4.15 pm	Local language programme - SDL	Dr. S. Kavitha, Assistant Prof., Anatomy
Day 10	8.15 am -9.15 am	Communication Skills	Dr. A.E. Manoharan Prof. & HOD, Orthopedics
	9.15 am -10.15 am	Communication Skills - Group activity	Faculty of I MBBS
	10.15 am -10.30 am	Tea break	
	10.30 – 11.30 pm	Communication Skills - Group activity	Faculty of I MBBS
	11.30 – 12.30 pm	Communication Skills - Group activity	Faculty of I MBBS
	12.30 pm -1.15 pm	Lunch break	
	1.15 – 2.15 pm	Learning Skills	Dr. V. Suganthi Associate Prof., Physiology
	2.15 pm -4.15 pm	Sports - Outdoor /Indoor games	Physical Education Staff
Day 11	8.15 am -9.15 am	Identifying Learning styles of students	Dr. Milind V. Bhutkar Prof. & HOD, Physiology
	9.15 am -10.15 am	Self directed learning & Peer learning methods	Dr. K. C. Shanthi Co-Coordinator, MEU Associate Prof., Anatomy
	10.15 am -10.30 am	Tea break	
	10.30 – 11.30 pm	Small group learning	Dr. R. Thamil Selvi, Prof. & HOD, Pathology

Date	Time	Topics	Speaker/Faculty
	11.30 – 12.30 pm	Introduction to alternative health care systems & their relevance to modern medicine - Homeopathy, Yoga & Naturopathy	Dr. Sheela Joice, Assistant Prof. Physiology
	12.30 pm -1.15 pm	Lunch break	
	1.15 – 2.15 pm	Introduction to alternative health care systems & their relevance to modern medicine - Ayurveda, Unani & Siddha	Dr. B. Senthil Kumar, Assistant Prof. Anatomy
	2.15 pm -4.15 pm	Sports - Outdoor /Indoor games	Physical Education Staff
Day 12	8.15 am -9.15 am	Introduction to Research	Dr. D. Ponnudhali, Associate Prof., Biochemistry
	9.15 am -10.15 am	Holistic medicine - Philosophy & Practice - Seminar by students	Faculty of preclinical departments & CM
	10.15 am -10.30 am	Tea break	
	10.30 – 11.30 pm	Interpersonal relationships	Dr. Ruby Thiyagarajan Social Worker, President, YWCA, Salem
	11.30 – 12.30 pm	Interpersonal relationships - Activity	Dr. Ruby Thiyagarajan Social Worker, President, YWCA, Salem
	12.30 pm -1.15 pm	Lunch break	
	1.15 – 2.15 pm	Interpersonal relationships - Activity	Dr. Ruby Thiyagarajan Social Worker, President, YWCA, Salem
	2.15 pm -4.15 pm	Leisure activities - Books/fine arts/theatre	Dr. Monisha Muthu, Assistant Prof., Dermatology
Day 13	8.15 am -9.15 am	Film on ethics - Miss Evers' Boys	Dr. G. Panneer Selvi, Tutor, Anatomy
	9.15 am -10.15 am	Film on ethics - Miss Evers' Boys	Dr. G. Panneer Selvi, Tutor, Anatomy
	10.15 am -10.30 am	Tea break	
	10.30 – 11.30 pm	Introduction to Research Ethics	Dr. B. Senthil Kumar, Assistant Prof., Anatomy
	11.30 – 12.30 pm	AETCOM Module 1 - What does it mean to be a Doctor? - Small group Discussion	Dr. EMJ Karthikeyan, DMS, Prof of Surgery
	12.30 pm -1.15 pm	Lunch break	

Date	Time	Topics	Speaker/Faculty
	1.15 – 2.15 pm	AETCOM Module 1 - Panel Discussion by Doctors of good standing	Dr. Shanmugasundaram, Prof Of Medicine, Dr. Jones Ronald HOD, Nephrology, VIMS & others
	2.15 pm -4.15 pm	Local language programme - SDL	Dr. S. Kavitha, Assistant Prof., Anatomy
Day 14	8.15 am -9.15 am	SDL - Students' reflections on AETCOM Module 1 sessions 1&2	Dr. EMJ Karthikeyan, DMS, Prof of Surgery
	9.15 am -10.15 am	SDL - Students' reflections on AETCOM Module 1 sessions 1&2	Dr. EMJ Karthikeyan, DMS, Prof of Surgery
	10.15 am -10.30 am	Tea break	
	10.30 – 11.30 pm	Visit of students to PHC attached to institution	Dr. B. Sangeetha, Prof. & HOD, CM & faculty of CM
	11.30 – 12.30 pm	Visit of students to PHC attached to institution	Faculty of CM
	12.30 pm -1.15 pm	Lunch break	
	1.15 – 2.15 pm	Visit of students to PHC attached to institution	Faculty of CM
	2.15 pm -4.15 pm	Visit of students to PHC attached to institution	Faculty of CM
Day 15	8.15 am -9.15 am	Closure session on AETCOM Module 1 - Reflections by students	Dr. EMJ Karthikeyan, DMS, Prof of Surgery
	9.15 am -10.15 am	Doctor - Patient (DP) encounter - Building the relationship	Dr. S. Senthil Priya, DMS, Prof., OBG
	10.15 am -10.30 am	Tea break	
	10.30 – 11.30 pm	Movie - Patch Adams	Dr. Priya Das, Assistant Prof., Biochemistry
	11.30 – 12.30 pm	Movie - Patch Adams	Dr. Priya Das, Assistant Prof., Biochemistry
	12.30 pm -1.15 pm	Lunch break	
	1.15 – 2.15 pm	Reflections by students on DP relationship	Dr. S. Senthil Priya, DMS, Prof., OBG
	2.15 pm -4.15 pm	Local language programme - SDL	Dr. Ramani, Tutor, Biochemistry
Day 16	8.15 am -9.15 am	What does it mean to be a patient?	Dr. R. Shankar Associate Prof., CM
	9.15 am -10.15 am	Movie focused on patient's point of view - WIT	Faculty, Department of CM
	10.15 am -10.30 am	Tea break	
	10.30 – 11.30 pm	Movie focused on patient's point of view - WIT	Faculty, Department of CM

Date	Time	Topics	Speaker/Faculty
	11.30 – 12.30 pm	SDL - what does it mean to be	Dr. R. Shankar
	11.50 - 12.50  pm	a patient?	Associate Prof., CM
	12.30 pm -1.15 pm	Lunch break	
	1.15 – 2.15 pm	SDL - what does it mean to be	Dr. R. Shankar
	1.15 – 2.15 pm	a patient?	Associate Prof., CM
	2.15 pm -4.15 pm	Local language programme - SDL	Mr. Syed Ali Liyakat Tutor, Physiology
Day 17	8.15 am -9.15 am	Closure session - Reflections by students on what it means to be a patient	Dr. R. Shanmugasundaram, Prof, Medicine
	9.15 am -10.15 am	Closure session - Reflections by students on what it means to be a patient	Dr. R. Shanmugasundaram, Prof, Medicine
	10.15 am -10.30 am	Tea break	
	10.30 – 11.30 pm	Small group discussion by students on Doctor-patient relationship	Dr. R. Shanmugasundaram, Prof, Medicine
	11.30 – 12.30 pm	Small group discussion by students on Doctor-patient relationship	Dr. R. Shanmugasundaram, Prof, Medicine
	12.30 pm -1.15 pm	Lunch break	
	1.15 – 2.15 pm	Film clips on poor DP relationships	Dr. R. Shanmugasundaram, Prof, Medicine
	2.15 pm -4.15 pm	Sports - Outdoor /Indoor games	Dr. Jaya Prakash, Assistant Prof., Ophthalmology
Day 18	8.15 am -9.15 am	Students seminar on expectations by family, society, patients from doctors	Dr. J. Sridhar, Prof. & HOD, Surgery & Faculty, Dept of Surgery
	9.15 am -10.15 am	Students seminar on expectations by family, society, patients from doctors	Dr. J. Sridhar, Prof. & HOD, Surgery & Faculty, Dept of Surgery
	10.15 am -10.30 am	Tea break	
	10.30 – 11.30 pm	Students seminar on expectations by them from family, society, patients	Dr. J. Sridhar, Prof. & HOD, Surgery & Faculty, Dept of Surgery
	11.30 – 12.30 pm	Students seminar on expectations by them from family, society, patients	Dr. J. Sridhar, Prof. & HOD, Surgery & Faculty, Dept of Surgery
	12.30 pm -1.15 pm	Lunch break	
	1.15 – 2.15 pm	Students reflections on the sacrifices they are ready to	Dr. J. Sridhar, Prof. & HOD, Surgery & Faculty,
	1.10 2.10 pm	make to meet their own & society's expectations	Dept of Surgery

Date	Time	Topics	Speaker/Faculty
Day 19	8.15 am -9.15 am	Field visit to rural health centres by CM Department	Faculty of CM
	9.15 am -10.15 am	Field visit to rural health centres by CM Department	Faculty of CM
	10.15 am -10.30 am	Tea break	
	10.30 – 11.30 pm	Field visit to rural health centres by CM Department	Faculty of CM
	11.30 – 12.30 pm	Field visit to rural health centres by CM Department	Faculty of CM
	12.30 pm -1.15 pm	Lunch break	
	1.15 – 2.15 pm	English language Program -Introduction to Swayam Prabha TV Channel	Dr. Vijayasamundeeswari, Associate Prof., Biochemistry
	2.15 pm -4.15 pm	Leisure activities - Books/fine arts/theatre	Dr. Saravana Bhava, Associate Prof., Ophthalmology
Day 20	8.15 am -9.15 am	Computer skills for medical profession	Dr. Gowri Shankar, Associate Prof., Pathology & Dr. Anbu Lenin, Assistant Prof., Pathology
	9.15 am -10.15 am	Computer skills for medical profession	Dr. Gowri Shankar, Associate Prof., Pathology & Dr. Anbu Lenin, Assistant Prof., Pathology
	10.15 am -10.30 am	Tea break	
	10.30 – 11.30 pm	SDL - Computer skills	Faculty, Dept. Of Pathology
	11.30 – 12.30 pm	SDL - Computer skills	Faculty, Dept. Of Pathology
	12.30 pm -1.15 pm	Lunch break	
	1.15 – 2.15 pm	SDL - Computer skills	Faculty, Dept. Of Pathology
	2.15 pm -4.15 pm	Local language programme - SDL	Dr. Siva Sankari, Associate Prof., Pharmacology
Day 21	8.15 am -9.15 am	SDL - Computer skills	Faculty, Dept. Of Pathology
	9.15 am -10.15 am	SDL - Computer skills	Faculty, Dept. Of Pathology
	10.15 am -10.30 am	Tea break	
	10.30 – 11.30 pm	SDL - Computer skills	Faculty, Dept. Of Pathology
	11.30 – 12.30 pm	SDL - Computer skills	Faculty, Dept. Of Pathology

Date	Time	Topics	Speaker/Faculty
	12.30 pm -1.15 pm	Lunch break	
	1.15 – 2.15 pm	SDL - Computer skills	Faculty, Dept. Of Pathology
	2.15 pm -4.15 pm	Local language programme - SDL	Mrs. Vanaja Priya, Tutor, Microbiology
Day 22	8.15 am -9.15 am	Visit to skills lab	Dr. Deepti Shastri, Prof. & HOD, Anatomy
	9.15 am -10.15 am	Visit to skills lab	Faculty, Dept. Of Anaesthesia
	10.15 am -10.30 am	Tea break	
	10.30 – 11.30 pm	Basic life support - Demonstration	Faculty, Dept. Of Anaesthesia
	11.30 – 12.30 pm	Basic life support - Demonstration	Faculty, Dept. Of Anaesthesia
	12.30 pm -1.15 pm	Lunch break	
	1.15 – 2.15 pm	Hands-on experience in skills lab	Faculty, Dept. Of Anaesthesia
	2.15 pm -4.15 pm	Hands-on experience in skills lab	Faculty, Dept. Of Anaesthesia
Day 23	8.15 am -9.15 am	Hands-on experience in skills lab	Faculty, Dept. Of Anaesthesia
	9.15 am -10.15 am	Hands-on experience in skills lab	Faculty, Dept. Of Anaesthesia
	10.15 am -10.30 am	Tea break	
	10.30 – 11.30 pm	Hands-on experience in skills lab	Faculty, Dept. Of Anaesthesia
	11.30 – 12.30 pm	First aid - short films	RMO/ARMO
	12.30 pm -1.15 pm	Lunch break	
	1.15 – 2.15 pm	First aid - demonstration	RMO/ARMO
	2.15 pm -4.15 pm	Sports - Outdoor /Indoor games	Dr. Jaya Prakash, Students amenities incharge
Day 24	8.15 am -9.15 am	First aid practice sessions in skills lab	Faculty, Dept. Of Anaesthesia
	9.15 am -10.15 am	First aid practice sessions in skills lab	Faculty, Dept. Of Anaesthesia
	10.15 am -10.30 am	Tea break	
	10.30 – 11.30 pm	English language program- Swayam Prabha	Dr. R. Vinodhini, Tutor, Anatomy
	11.30 – 12.30 pm	SDL - English	Dr. Waheeda, Assistant Prof, Physiology
	12.30 pm -1.15 pm	Lunch break	
	1.15 pm – 2.15 pm	SDL - English	Dr. Rajeswari, Tutor, Biochemistry
	2.15 pm -4.15 pm	Sports - Outdoor /Indoor games	Dr. G. Panneer Selvi, Tutor, Anatomy

Date	Time	Topics	Speaker/Faculty
Day 25		Talk by academic toppers of	Dr. B. Evangeline Jones
	8.15 am -9.15 am	previous years	& Faculty, Dept of
			Biochemistry
		Talk by academic toppers of	Dr. B. Evangeline Jones
	9.15 am -10.15 am	previous years	& Faculty, Dept of
			Biochemistry
	10.15 am -10.30 am	Tea break	
	10.30 – 11.30 pm	White coat ceremony	Faculty of preclinical
			departments
	11.30 – 12.30 pm	White coat ceremony	Faculty of preclinical
	11.30 - 12.30 pm		departments
	12.30 pm -1.15 pm	Lunch break	
		Medical Check up	Clinical Faculty of all the
	1.15 pm – 4.15 pm		relevant departments
			Dr. Arunan Periasamy,
			Tutor, Biochemistry